

# Grimsthorpe Castle 10k

30th August 2010

Pos	Num	M	F	Name	Cat	CatPos	Club	Time
1	290	1		Stuart Spencer	M	(001/093)	Barrow Runners	00:35:02
2	298	2		Mark Greenwood	M	(002/093)	Army AC	00:35:15
3	418	3		John Pike	M	(003/093)	Newham & Essex Beagles	00:35:51
4	426	4		Andrew Cracknell	M	(004/093)	Dacorum and Tring AC	00:36:13
5	44	5		Robin Parker	M40	(001/093)	Fenland Running Club	00:37:20
6	342	6		Steven Cockrell	M	(005/093)	Nene Valley Harriers	00:37:25
7	82	7		Mike Chapman	M	(006/093)	Nene Valley Harriers	00:37:32
8	236	8		Alan Oliver	M	(007/093)	Sleaford Striders	00:37:35
9	456	9		Paul Jackson	M	(008/093)	Louth Athletics Club	00:38:01
10	443	10		Andy Simpson	M	(009/093)	Barrow Runners	00:38:10
11	318	11		Matthew Nutt	M40	(002/093)	Formula 1	00:38:22
12	205	12		Martin Stevens	M	(010/093)	Werrington Joggers	00:38:53
13	3	13		Alex Toll	M40	(003/093)	Barrow Runners	00:39:03
14	448	14		Dave Tilley	M40	(004/093)	Sleaford Striders	00:39:06
15	425	15		Steve Chipping	M40	(005/093)	Unattached	00:39:08
16	85	16		Simon Fell	M	(011/093)	Stamford Striders	00:39:09
17	126	17		Paul Massingham	M	(012/093)	Stamford Striders	00:39:10
18	278	18		Andrew Skailles	M	(013/093)	Unattached	00:39:11
19	374	19		Jack Trow	MJ	(001/006)	Fenland Running Club	00:39:12
20	61		1	Philippa Taylor	F35	(001/065)	Stamford Striders	00:39:13
21	6	20		Simon Mead	M	(014/093)	Ramsey Road Runners	00:39:18
22	336	21		Justin Kinsey	M	(015/093)	Fenland Running Club	00:39:40
23	13	22		Vaughan Roberts	M50	(001/054)	Bourne Town Harriers	00:39:56
24	382	23		Duncan McGrory	M50	(002/054)	Peterborough AC	00:40:00
25	271	24		Arthur Short	M40	(006/093)	Grantham AC	00:40:04
26	353	25		Mark Popple	MJ	(002/006)	Stamford Striders	00:40:20
27	327	26		Paul Samways	M	(016/093)	Lincoln Wellington AC	00:40:34
28	62	27		Martyn Taylor	M40	(007/093)	Unattached	00:41:00
29	154	28		Jonathan Davies	M	(017/093)	Stamford Striders	00:41:01
30	326	29		Chris Brown	M	(018/093)	Barrow Runners	00:41:07
31	80	30		Darren Beswick	M	(019/093)	Barrow Runners	00:41:14
32	360		2	Liz Stavreski	F35	(002/065)	Thames Hare & Hounds	00:41:16
33	204	31		Simon Wright-Larkins	M	(020/093)	Unattached	00:41:19
34	368	32		Brent Stevenson	M40	(008/093)	Sutton in Ashford Harrier	00:41:21
35	211	33		Paul Sabin	M50	(003/054)	Unattached	00:41:23
36	189	34		Reg Allen	M50	(004/054)	Thorney Running Club	00:41:24
37	128	35		Colin Brackley	M	(021/093)	Unattached	00:41:36
38	89	36		Tony Johnson	M40	(009/093)	Ropsley Road Runners	00:41:40
39	293	37		Paul Wilkerson	M50	(005/054)	Unattached	00:41:44
40	332	38		Adrian Martin	M	(022/093)	Fenland Running Club	00:41:46
41	454	39		Chris Pratt	M	(023/093)	Spalding Tri Club	00:41:48
42	48	40		Nigel Booth	M50	(006/054)	Mablethorpe	00:42:12
43	169	41		Mathew Green	M	(024/093)	Bourne Town Harriers	00:42:14
44	407	42		Paul Rushworth	M	(025/093)	Macclesfield Harriers	00:42:23
45	208	43		James Skinner	M	(026/093)	Serpentine RC	00:42:31

46	403	44	Russell Lewin	M	(027/093)	Barrow Runners	00:42:33
47	292	45	Samuel Smith	M	(028/093)	Stamford Striders	00:42:38
48	319	46	Tim Chapman	M40	(010/093)	Fenland Running Club	00:42:39
49	402	47	Rob Butter	M40	(011/093)	Lincoln Wellington AC	00:42:40
50	98	48	Jamie Sismey	M	(029/093)	Unattached	00:42:52
51	453	49	Jim Morris	M40	(012/093)	Unattached	00:43:01
52	401	50	Paul Barnes	M	(030/093)	Toonie EX	00:43:04
53	445	51	Mark Harney	M40	(013/093)	York Acorn AC	00:43:07
54	79	52	Robert Howlett	M	(031/093)	Fenland Running Club	00:43:15
55	420	53	Nick Burlington	M	(032/093)	Unattached	00:43:21
56	17	54	Phil Galpin	M40	(014/093)	Bourne Town Harriers	00:43:36
57	328	55	Iain Cameron	M40	(015/093)	Stamford Striders	00:43:40
58	25	56	Rodney Hall	M40	(016/093)	Werrington Joggers	00:43:43
59	193	57	Mike Daniels	M	(033/093)	Unattached	00:43:45
60	452	58	Jonathon Ibbott	M	(034/093)	Unattached	00:43:52
61	124	59	Matt Holmes	M	(035/093)	Unattached	00:43:53
62	417	60	Lee Fialkowski	M	(036/093)	Bourne Town Harriers	00:44:07
63	415	61	Adam Morton	M	(037/093)	Kent AC	00:44:26
64	279	62	Darren Moat	M	(038/093)	March AC	00:44:32
65	145	63	Martin Cattel	M40	(017/093)	Stamford Striders	00:44:33
66	41	64	Ben Evans	M	(039/093)	Bushfield Joggers	00:44:37
67	57	65	Steve Froggatt	M40	(018/093)	Lincoln & District RC	00:44:38
68	361	66	Chris Smith	M40	(019/093)	Toonie EX	00:44:40
69	174	67	Nick Wells	M40	(020/093)	Stamford Striders	00:44:42
70	400	68	Neil Handley	M40	(021/093)	Unattached	00:44:45
71	244	69	Paul Arnold	M	(040/093)	Fenland Running Club	00:44:51
72	47	70	Mark Hebden	M40	(022/093)	Sleaford Striders	00:44:53
73	186	71	Nigel Sheppard	M40	(023/093)	Fetch Everyone RC	00:44:54
74	71		3 Anna Garnier	F55	(001/014)	Thames Hare & Hounds	00:44:55
75	116	72	Geoff Hall	M50	(007/054)	Lincoln Wellington AC	00:44:56
76	163	73	David Hall	M	(041/093)	Lincoln Wellington AC	00:44:57
77	4	74	Jez Page	M40	(024/093)	Unattached	00:44:59
78	26		4 Sarah Graves	F35	(003/065)	Wolds Vets	00:45:00
79	207		5 Maggie Purr	F	(001/044)	Serpentine RC	00:45:03
80	429	75	Mike Sheldon	M50	(008/054)	Charnwood AC	00:45:10
81	310	76	Steve Gibb	M40	(025/093)	Werrington Joggers	00:45:14
82	333	77	Gavin Stokes	M40	(026/093)	Ramsey Road Runners	00:45:20
83	440	78	Jason Goodman	M40	(027/093)	Amphill Flyers	00:45:27
84	238	79	Gavin Willey	M40	(028/093)	Unattached	00:45:29
85	12	80	Shaun Towell	M40	(029/093)	Bourne Town Harriers	00:45:31
86	466	81	Martin Candish	M	(042/093)	Stamford Striders	00:45:34
87	24	82	Geoff Howes	M50	(009/054)	Thorney Running Club	00:45:38
88	240	83	David Smith	M60	(001/027)	Bourne Town Harriers	00:45:41
89	329	84	Andre Pittock	M40	(030/093)	Fenland Fun Runners	00:45:44
90	155		6 Maxine McNulty	F	(002/044)	Stamford Striders	00:45:52
91	199	85	Mark Turner	M40	(031/093)	Lincoln Wellington AC	00:46:00
92	224	86	Michael Morely	M	(043/093)	Unattached	00:46:04
93	28	87	Adam Runacres	MJ	(003/006)	Sleaford Striders	00:46:08
94	23	88	Alexander Combie	M	(044/093)	Newark AC	00:46:14
95	468	89	Justin Ellis	M	(045/093)	Unattached	00:46:22
96	288	90	Nathanael Freeman	M	(046/093)	Unattached	00:46:23
97	413	91	Terry Grant	M50	(010/054)	Sleaford Striders	00:46:27

98	365	92	Chris McDonnell	M50	(011/054)	Notfast Runners Newark	00:46:29
99	121	93	Luke Taylor	M	(047/093)	Dr McPucas AC	00:46:30
100	383	94	Nick Bull	M40	(032/093)	Team Kennet	00:46:33
101	419	95	Peter Wilson	M40	(033/093)	Malvern Joggers	00:46:34
102	283	96	Paul Zurawliw	M50	(012/054)	Barrow Runners	00:46:39
103	394	97	Nick Teesdale	M40	(034/093)	Unattached	00:46:46
104	77	98	Jake Walsh	M	(048/093)	Unattached	00:46:59
105	264	99	Jim Stocker	M60	(002/027)	Unattached	00:47:02
106	470	100	David Foster	M40	(035/093)	Unattached	00:47:07
107	167	101	Colin Simpson	M50	(013/054)	Fenland Running Club	00:47:09
108	411	102	Jonathon Hesketh	M	(049/093)	Unattached	00:47:11
109	473	103	Julian Smith	M40	(036/093)	Nene Valley Harriers	00:47:18
110	146		7 Briony James	F	(003/044)	Stamford Striders	00:47:24
111	287	104	Keith White	M60	(003/027)	Fenland Running Club	00:47:28
112	182	105	Tim Seabrook	M50	(014/054)	Unattached	00:47:30
113	148		8 Judith Thomas	F45	(001/038)	Werrington Joggers	00:47:33
114	16	106	Phil Lengthorn	M40	(037/093)	Bourne Town Harriers	00:47:34
115	315	107	Andrew Johnstone	M	(050/093)	Unattached	00:47:38
116	399	108	Richard Titmarsh	M60	(004/027)	Lincoln Wellington AC	00:47:40
117	22	109	John Combie	M60	(005/027)	Newark AC	00:47:45
118	450	110	Dillon Ormesner	M	(051/093)	Unattached	00:47:51
119	300		9 Kathy Horsman	F45	(002/038)	Bedford & County Harriers	00:47:52
120	284	111	Andy Preston	M	(052/093)	Sleaford Striders	00:47:53
121	94	112	Nigel Dickens	M50	(015/054)	Nene Valley Harriers	00:47:55
122	385	113	Adam Paul Boggis	M	(053/093)	Unattached	00:47:56
123	309	114	Ove Anderson	M50	(016/054)	Unattached	00:47:57
124	115	115	Stephen Graham	M50	(017/054)	Unattached	00:47:58
125	393	116	Ben Davies	M	(054/093)	Thorney Running Club	00:48:02
126	286	117	Mark Tucker	M40	(038/093)	Grantham AC	00:48:06
127	387		10 Catherine Payne	F35	(004/065)	Grantham AC	00:48:08
128	131	118	Steve Dawson	M40	(039/093)	Thorney Running Club	00:48:09
129	412		11 Helen Brown	F	(004/044)	Grantham AC	00:48:10
130	369	119	Boyd	M40	(040/093)	Sleaford Striders	00:48:11
131	451	120	Robert Szabo	M	(055/093)	Stilton Striders	00:48:12
132	391	121	Colin Creasey	M50	(018/054)	Louth Athletics Club	00:48:15
133	209	122	Thomas Fairclough	M60	(006/027)	Werrington Joggers	00:48:18
134	373	123	Norman Starks	M40	(041/093)	Unattached	00:48:20
135	377	124	Andy Harding	M40	(042/093)	Thorney Running Club	00:48:22
136	218	125	Anton Gaches	M50	(019/054)	Unattached	00:48:36
137	348		12 Jane Holmes	F35	(005/065)	Fenland Running Club	00:48:37
138	1	126	Kevan Naylor	M40	(043/093)	Barrow Runners	00:48:38
139	226	127	Matthew Lennard	M	(056/093)	Derwent Runners	00:48:40
140	449	128	Stephen Doleman	M40	(044/093)	Unattached	00:48:42
141	59	129	Alan Buckberry	M50	(020/054)	Sleaford Striders	00:48:47
142	436	130	Matt Dick	M40	(045/093)	Unattached	00:48:51
143	72	131	Michael Johnson	M60	(007/027)	Thames Hare & Hounds	00:48:58
144	162	132	Simon Gilbey	M40	(046/093)	Werrington Joggers	00:49:09
145	265	133	Mark Asten	M	(057/093)	Sutton Runners	00:49:12
146	434	134	Andy Cleverdon	M40	(047/093)	Rutland RC	00:49:14
147	9	135	Patrick McIntyre	M	(058/093)	Unattached	00:49:16
148	31	136	Jon Hird	M40	(048/093)	Sleaford Striders	00:49:21
149	263		13 Amanda Hannah	F35	(006/065)	Stamford Striders	00:49:22

150	276	137	Robert Tillot	M40	(049/093)	Ramsey Road Runners	00:49:25
151	5	138	Adrian Wilson	M40	(050/093)	Unattached	00:49:33
152	84	139	Carl Davey	M50	(021/054)	Redhill Road Runners	00:49:34
153	39	140	Ian Milburn	M60	(008/027)	Fenland Running Club	00:49:35
154	176	141	Tim Bridle	M	(059/093)	10k Everyday RC	00:49:36
155	299	142	Joe Horsman	M50	(022/054)	Bedford & County Harriers	00:49:39
156	272	143	Philip Hall	M50	(023/054)	Grantham AC	00:49:42
157	138	14	Hilary Burkitt	F55	(002/014)	Cleethorpes AC	00:49:43
158	67	15	Sarah Whittington	F	(005/044)	Unattached	00:49:48
159	147	144	Ken Rigg	M50	(024/054)	Werrington Joggers	00:49:51
160	233	145	Tim Stone	M50	(025/054)	Yaxley Runners	00:49:52
161	68	146	Steve Farnham	M40	(051/093)	Unattached	00:50:02
162	325	147	Barry Douce	M	(060/093)	Sleaford Town Runners	00:50:09
163	184	148	Rob Coles	M40	(052/093)	Yaxley Runners	00:50:16
164	239	16	Roslyn Loutit	F45	(003/038)	Eye Community Runners	00:50:20
165	366	149	Kevin Woodcock	M40	(053/093)	Werrington Joggers	00:50:22
166	60	150	Colin Radford	M50	(026/054)	Ramsey Road Runners	00:50:23
167	83	151	Stephen Lawson	M40	(054/093)	Ramsey Road Runners	00:50:24
168	181	152	Stephen Cook	M	(061/093)	Unattached	00:50:25
169	352	17	Michelle Prior	F	(006/044)	Ramsey Road Runners	00:50:28
170	461	153	Craig McPherson	M	(062/093)	Hunts AC	00:50:29
171	307	154	Matthew Cumberland	M	(063/093)	Barrow Runners	00:50:32
172	212	155	Gil Houlston	M	(064/093)	Unattached	00:50:37
173	230	18	Jane James	F45	(004/038)	Sleaford Striders	00:50:41
174	7	156	Andy Gibbons	M40	(055/093)	Werrington Joggers	00:50:42
175	275	157	Peter Bunce	M50	(027/054)	Shelton Striders	00:50:45
176	144	158	Andy Howard	M	(065/093)	RealBuzz RunBritain	00:50:46
177	256	159	David Honeybun	M40	(056/093)	Unattached	00:50:48
178	376	19	Davison	F	(007/044)	Stamford Striders	00:50:50
179	458	160	Philip Lester	M40	(057/093)	Sleaford Striders	00:50:56
180	108	20	Anna Thompson	F35	(007/065)	Sleaford Striders	00:50:57
181	165	161	Joseph Stone	M50	(028/054)	Unattached	00:50:58
182	103	162	Brian Harding	M50	(029/054)	Unattached	00:51:02
183	53	163	Richard Pearson	M50	(030/054)	Bourne Town Harriers	00:51:03
184	280	164	Shaun Hill	M	(066/093)	Unattached	00:51:05
185	406	165	Ian Frisby	M50	(031/054)	Thorney Running Club	00:51:06
186	381	21	Vicky Old	F	(008/044)	Stamford Striders	00:51:11
187	139	166	Nigel Burkitt	M50	(032/054)	Cleethorpes AC	00:51:14
188	93	167	Callum Hall	MJ	(004/006)	Unattached	00:51:15
189	475	168	Ed Gladstone	M	(067/093)	Unattached	00:51:17
190	435	169	Paul Green	M40	(058/093)	Unattached	00:51:18
191	282	22	Sue Zurawliw	F45	(005/038)	Barrow Runners	00:51:20
192	215	170	Brian Kearsey	M60	(009/027)	Stamford Striders	00:51:24
193	78	171	Niall Walsh	MJ	(005/006)	Unattached	00:51:27
194	297	172	Richard Purnell	M60	(010/027)	Werrington Joggers	00:51:30
195	444	173	Peter Golden	M40	(059/093)	Rutland RC	00:51:33
196	178	174	Mike Wright	M40	(060/093)	Eye Community Runners	00:51:36
197	363	175	Matthew Moore	M	(068/093)	Eye Community Runners	00:51:37
198	455	23	Jo Jackson	F35	(008/065)	Louth Athletics Club	00:51:38
199	291	176	Christophe Taylor	M50	(033/054)	Bourne Town Harriers	00:51:46
200	269	177	Andrew Halls	M40	(061/093)	Bourne Town Harriers	00:51:53
201	430	178	Marcin Hajdecki	M	(069/093)	Unattached	00:51:54

202	442	24	Toni O'Donovan	F	(009/044)	Barrow Runners	00:51:55
203	76	179	Danny Walsh	M50	(034/054)	Lincoln Wellington AC	00:51:56
204	465	180	Andrew Wade	M40	(062/093)	Stamford Striders	00:51:59
205	463	181	Anthony Sherwin	M	(070/093)	Grantham AC	00:52:06
206	129	182	Robin Ball	M50	(035/054)	Stamford Striders	00:52:09
207	153	25	Jill McIntyre	F35	(009/065)	Notfast Runners Newark	00:52:10
208	405	183	Jonathon Farrow	M	(071/093)	PAC	00:52:11
209	213	184	Benjamin Lewis	M	(072/093)	Unattached	00:52:13
210	117	185	Richard Sharpe	M40	(063/093)	Thorney Running Club	00:52:26
211	172	186	Norman Smith	M50	(036/054)	Corby AC	00:52:32
212	171	187	Stephen Ankers	M50	(037/054)	Ramsey Road Runners	00:52:35
213	308	26	Claudia Milburn	F	(010/044)	Fenland Running Club	00:52:37
214	252	188	Keith Measure	M50	(038/054)	Grantham AC	00:52:38
215	160	189	Tom Dickens	M40	(064/093)	Unattached	00:52:41
216	370	27	Kirsten Bateman	F35	(010/065)	Eye Community Runners	00:52:42
217	217	190	Hull David	M	(073/093)	Unattached	00:52:43
218	143	191	Adam Oakes	M	(074/093)	Fenland Running Club	00:52:44
219	356	192	Paul Jepson	M50	(039/054)	Ropsley Road Runners	00:52:49
220	183	28	Emma Benfield	F35	(011/065)	Louth Athletics Club	00:52:51
221	421	29	Sophia Reeves	F	(011/044)	Unattached	00:52:52
222	441	30	Alice Smyth	F	(012/044)	Unattached	00:52:58
223	112	193	David Windle	M40	(065/093)	Retford AC	00:53:01
224	432	31	Wendy Johnston	F35	(012/065)	Unattached	00:53:02
225	173	32	Megan Clarke	F	(013/044)	Uppingham	00:53:03
226	304	33	Kath Spencer	F45	(006/038)	Barrow Runners	00:53:05
227	414	34	Kate Nottidge	F	(014/044)	Stamford Striders	00:53:07
228	111	194	Alan Johnson	M50	(040/054)	Unattached	00:53:08
229	357	195	Sam Jepson	M	(075/093)	Ropsley Road Runners	00:53:09
230	469	35	Diana Flint	F45	(007/038)	Unattached	00:53:10
231	313	196	Nick Sheehan	M60	(011/027)	Stamford Striders	00:53:11
232	206	197	Gary Wilson	M40	(066/093)	Sleaford Striders	00:53:19
233	222	198	Terry Crosby	M50	(041/054)	Unattached	00:53:21
234	179	199	Ben Hewitt	M	(076/093)	Unattached	00:53:23
235	200	200	Joshua Jordan-Boddey	M	(077/093)	Stamford Striders	00:53:24
236	422	201	Barney Hinnigan	M	(078/093)	Unattached	00:53:42
237	389	36	Caroline Upton	F45	(008/038)	Notfast Runners Newark	00:53:45
238	40	37	Imogen Brooks	F35	(013/065)	Grantham AC	00:53:48
239	350	202	Craig Young	M	(079/093)	Unattached	00:53:49
240	431	38	Virginia Trowman	F	(015/044)	Unattached	00:53:54
241	428	203	Paul Towers	M40	(067/093)	Unattached	00:53:55
242	113	39	Katherine Cook	F35	(014/065)	Retford AC	00:53:57
243	241	40	Ayla Smith	F55	(003/014)	Bourne Town Harriers	00:53:58
244	262	41	Helen Randle	F45	(009/038)	Stamford Striders	00:53:59
245	261	204	David Lewis	M40	(068/093)	Stamford Striders	00:54:00
246	386	205	Neil Brunning	M40	(069/093)	Unattached	00:54:02
247	281	42	Karen Clark	F	(016/044)	Unattached	00:54:04
248	396	206	Tom Bardwell	M	(080/093)	Stamford Striders	00:54:08
249	260	207	Barry Daff	M50	(042/054)	Stamford Striders	00:54:09
250	81	43	Bridie Darcy	F	(017/044)	Barrow Runners	00:54:10
251	289	44	Jo Robinson	F35	(015/065)	Barrow Runners	00:54:11
252	375	208	Edward Morris	M70	(001/001)	Thorney Running Club	00:54:13
253	49	209	David Turner	M40	(070/093)	Unattached	00:54:14

254	156	45	Allison Lawrence	F35	(016/065)	Notfast Runners Newark	00:54:17
255	253	210	Glyn Botfield	M50	(043/054)	Road Runners Club	00:54:21
256	285	211	Ted Preston	M60	(012/027)	Sleaford Striders	00:54:25
257	220	46	Louise Payne	F	(018/044)	Unattached	00:54:32
258	58	212	Tony Lack	M60	(013/027)	Ramsey Road Runners	00:54:33
259	56	213	Paul Mulvaney	M40	(071/093)	Stamford Striders	00:54:40
260	42	214	Jez Power	M40	(072/093)	Stamford Striders	00:54:42
261	168	47	Sue George	F45	(010/038)	Fenland Running Club	00:54:45
262	410	48	Jill Eve	F45	(011/038)	PAC	00:54:59
263	416	215	James Brasnett	M	(081/093)	Unattached	00:55:00
264	110	216	Andrew Wright	M40	(073/093)	Yaxley Runners	00:55:04
265	378	49	Sian White	F35	(017/065)	Ramsey Road Runners	00:55:16
266	166	217	James Stone	M	(082/093)	Unattached	00:55:18
267	29	50	Maureen Runacres	F45	(012/038)	Sleaford Striders	00:55:18
268	379	218	Steven Allard	M40	(074/093)	Spalding Tri Club	00:55:21
269	231	219	Derek James	M40	(075/093)	Sleaford Striders	00:55:24
270	270	220	Mike Freeman	M60	(014/027)	Lincs Police	00:55:25
271	19	51	Suzanne Moon	F	(019/044)	Stamford Striders	00:55:34
272	464	221	Darren Ryland	M	(083/093)	Unattached	00:55:36
273	149	52	Kathryn Brown	F45	(013/038)	Unattached	00:55:38
274	170	222	Jim Millar	M40	(076/093)	Unattached	00:55:39
275	427	223	Graham Cracknell	M60	(015/027)	Dacorum and Tring AC	00:55:48
276	216	53	Camilla Eckford	F	(020/044)	Unattached	00:55:53
277	314	54	Rachel Kearsey	F	(021/044)	Unattached	00:55:54
278	409	55	Carolyn Skinner	F35	(018/065)	Unattached	00:55:56
279	390	224	Michael Gadd	M50	(044/054)	Unattached	00:56:07
280	150	56	Tina Sayers	F	(022/044)	Unattached	00:56:11
281	219	225	David Barsby	M40	(077/093)	Werrington Joggers	00:56:14
282	364	57	Lyn McDonnell	F45	(014/038)	Notfast Runners Newark	00:56:19
283	423	58	Isobel Reeves	F	(023/044)	Unattached	00:56:24
284	11	226	David Paterson	M40	(078/093)	Bourne Town Harriers	00:56:29
285	367	227	Graham Bayes	M60	(016/027)	Wellingborough&Dist AC	00:56:31
286	177	59	Sarah O'Brien	F	(024/044)	Unattached	00:56:44
287	203	228	Craig Huntbatch	M40	(079/093)	Unattached	00:56:45
288	335	60	Madelein Stokes	FJ	(001/006)	Ramsey Road Runners	00:56:51
289	351	229	Andrew Brett	M	(084/093)	Ramsey Road Runners	00:56:51
290	467	230	Alex Cobb	M	(085/093)	Spalding Tri Club	00:57:00
291	70	61	Elizabeth Dixon	F45	(015/038)	Bourne Town Harriers	00:57:04
292	301	231	David Grace	M50	(045/054)	Bourne Town Harriers	00:57:15
293	97	232	John Leggett	M60	(017/027)	Trail Runners Association	00:57:19
294	331	233	Garrie Naden	M40	(080/093)	Unattached	00:57:24
295	195	234	Rod Hart	M50	(046/054)	Unattached	00:57:25
296	185	62	Lesley Coles	F35	(019/065)	Yaxley Runners	00:57:32
297	462	63	Feena Machin	F45	(016/038)	Grantham AC	00:57:38
298	50	64	Sue Turner	F35	(020/065)	Unattached	00:57:42
299	197	235	Adam Chown	M	(086/093)	Fenland Running Club	00:57:56
300	372	236	Ronald Simons	M60	(018/027)	Unattached	00:58:00
301	446	65	Olivia Rowe	F	(025/044)	Unattached	00:58:14
302	73	237	Rachel Parker	F35	*****	Bourne Town Harriers	00:58:15
303	191	66	Jane Greenwood	F45	(017/038)	Fenland Running Club	00:58:23
304	408	238	Peter Goodman	MJ	(006/006)	Unattached	00:58:27
305	471	67	Raj Mondair	F35	(021/065)	Yaxley Runners	00:58:28

306	161	239	Paul Shaw	M40	(082/093)	Sleaford Striders	00:58:29
307	344		68 Louisa Cartwright	F35	(022/065)	Stamford Striders	00:58:31
308	14		69 Rachel Kemp	F35	(023/065)	Bourne Town Harriers	00:58:35
309	119		70 Zoe Robinson	F35	(024/065)	Rutland RC	00:58:39
310	100	240	James Noon	M	(087/093)	Unattached	00:58:40
311	277		71 Jennie Tillot	F	(026/044)	Ramsey Road Runners	00:58:52
312	388	241	Jeremy Faint	M40	(083/093)	Unattached	00:59:01
313	43		72 Valerie Eve	F55	(004/014)	Stamford Striders	00:59:11
314	334		73 Donya Stokes	F45	(018/038)	Ramsey Road Runners	00:59:14
315	439		74 Victoria Valentine	F45	(019/038)	Unattached	00:59:22
316	472	242	Martin Halifax	M50	(047/054)	Spalding Tri Club	00:59:23
317	337	243	James Hodge	M	(088/093)	Stamford Striders	00:59:27
318	437		75 Jane Holop	F45	(020/038)	Unattached	00:59:34
319	188	244	Stanley Thornton	M60	(019/027)	Sleaford Town Runners	00:59:35
320	341	245	Dave Raynes	M50	(048/054)	Toonie EX	00:59:35
321	338		76 Chris Massingham	F45	(021/038)	Unattached	00:59:36
322	87	246	Ian Stubbs	M60	(020/027)	Shepshed RC	00:59:37
323	55		77 Natalie Cole	F35	(025/065)	Bourne Town Harriers	00:59:38
324	266	247	Colin Green	M60	(021/027)	Notfast Runners Newark	00:59:42
325	296		78 Jackie Purnell	F55	(005/014)	Werrington Joggers	00:59:46
326	234		79 Val Stone	F45	(022/038)	Yaxley Runners	00:59:48
327	125		80 Jill Walker	F35	(026/065)	Stamford Striders	01:00:05
328	273	248	Gary Thurgood	M50	(049/054)	Yaxley Runners	01:00:05
329	157		81 Linda Rawlins	F35	(027/065)	Werrington Joggers	01:00:09
330	214		82 Julie Cox	F35	(028/065)	Yaxley Runners	01:00:21
331	106	249	Stuart Bremner	M40	(084/093)	Bourne Town Harriers	01:00:23
332	392		83 Joanne Teesdale	F35	(029/065)	Unattached	01:00:25
333	323		84 Alison Gascoyne	F35	(030/065)	Stamford Striders	01:00:44
334	398	250	Ian Davies	M50	(050/054)	Thorney Running Club	01:01:07
335	354	251	Andrew Leadbetter	M	(089/093)	Unattached	01:01:18
336	322		85 Tania Terblanch	F35	(031/065)	Stamford Striders	01:01:38
337	321	252	Alan Hayes	M40	(085/093)	Stamford Striders	01:01:38
338	99		86 Alison Rankine	F45	(023/038)	Stamford Striders	01:01:42
339	52		87 Bethany Green	F35	(032/065)	Unattached	01:01:49
340	355		88 Sara Bell	F	(027/044)	Unattached	01:01:51
341	395		89 Rowena Boden	F35	(033/065)	Sleaford Striders	01:01:54
342	251		90 Sheila Clark	F45	(024/038)	Unattached	01:02:07
343	15	253	Shaun Kemp	M40	(086/093)	Bourne Town Harriers	01:02:08
344	225	254	Clive Holden	M50	(051/054)	Sleaford Striders	01:02:10
345	359	255	Merv Ewen	M40	(087/093)	Bourne Town Harriers	01:02:13
346	194		91 Rebecca Wilson	F35	(034/065)	Stamford Striders	01:02:14
347	229	256	Franklin La Ronde	M40	(088/093)	Unattached	01:02:17
348	268		92 Emma Halls	F	(028/044)	Bourne Town Harriers	01:02:18
349	196		93 Liz Thrussell	F45	(025/038)	Unattached	01:02:20
350	201		94 Julie Van Soeren	F55	(006/014)	Unattached	01:02:27
351	18		95 Maria Sowerby	F55	(007/014)	Stamford Striders	01:02:29
352	311	257	Paul Burt	M	(090/093)	Unattached	01:02:32
353	34		96 Caroline Scane	F35	(035/065)	Stamford Striders	01:02:40
354	306		97 Emma Spencer	F	(029/044)	Barrow Runners	01:02:48
355	187		98 Natalie Richardson	F35	(036/065)	Unattached	01:02:49
356	447		99 Alison Taylor	F35	(037/065)	Unattached	01:02:58
357	371	258	Alan Gray	M60	(022/027)	Stamford Striders	01:03:02

358	192	100	Joanne Greene	F35	(038/065)	Unattached	01:03:14
359	69	101	Suzanne Stevens	F45	(026/038)	Bourne Town Harriers	01:03:18
360	51	102	Katy Turner	FJ	(002/006)	Unattached	01:03:22
361	8	103	Caroline Taylor	F45	(027/038)	Unattached	01:03:28
362	303	104	Christine Spencer	F35	(039/065)	Barrow Runners	01:03:30
363	305	105	Sharon Williams	F45	(028/038)	Barrow Runners	01:03:31
364	248	259	Mark Goodman	M40	(089/093)	Stamford Striders	01:03:43
365	45	106	Abi Brewer	F	(030/044)	Bushfield Joggers	01:03:49
366	127	107	Betty Stracey	F55	(008/014)	Lincoln Wellington AC	01:03:54
367	324	108	Maria Morse	F35	(040/065)	Unattached	01:03:58
368	345	109	Victoria Polson	F35	(041/065)	Unattached	01:04:20
369	210	260	Gregory Epton	M40	(090/093)	Unattached	01:04:28
370	66	261	Mike Russell	M60	(023/027)	Royal Mail RC	01:04:36
371	474	110	Jayne Hawkins	F35	(042/065)	Unattached	01:04:40
372	349	111	Zoe Young	F	(031/044)	Unattached	01:04:49
373	86	112	Nicky Asplin	F35	(043/065)	Bourne Town Harriers	01:04:52
374	228	113	Angela La Ronde	F	(032/044)	Unattached	01:04:57
375	245	262	Paul Howard	M50	(052/054)	Unattached	01:05:08
376	346	114	Hayley Brenton	F35	(044/065)	Unattached	01:05:15
377	316	263	Malcolm McEwen	M	(091/093)	Bedford & County Harriers	01:05:23
378	317	264	Terence McEwen	M60	(024/027)	Bedford & County Harriers	01:05:24
379	397	265	Bob Oakham	M60	(025/027)	Notfast Runners Newark	01:05:36
380	347	115	Annette Bonsor	F55	(009/014)	Yaxley Runners	01:05:44
381	235	116	Trina Britton	F35	(045/065)	Unattached	01:06:19
382	362	117	Catherine Simpson	F45	(029/038)	Toonie EX	01:06:20
383	339	118	Frances Rowe	F55	(010/014)	Stamford Striders	01:06:47
384	64	266	Nicholas Smith	M40	(091/093)	Stamford Striders	01:06:49
385	65	119	Celina Silver	F35	(046/065)	Stamford Striders	01:06:49
386	340	120	Claryn Nicholas	F35	(047/065)	Unattached	01:06:52
387	438	121	Kate Godfrey	F	(033/044)	Sleaford Striders	01:06:53
388	33	122	Katie Body	F	(034/044)	Stamford Striders	01:06:54
389	35	123	Pammy Jackson	F45	(030/038)	Stamford Striders	01:07:16
390	63	124	Samantha Griffiths	F	(035/044)	Stamford Striders	01:07:19
391	237	125	Claire Williams	F	(036/044)	Sleaford Striders	01:07:20
392	459	126	Samantha Lester	F35	(048/065)	Sleaford Striders	01:07:20
393	457	267	Ian Johnson	M50	(053/054)	Unattached	01:07:27
394	30	127	Michelle Hird	F35	(049/065)	Sleaford Striders	01:07:57
395	258	128	Linda Melloy	F45	(031/038)	Sleaford Striders	01:08:09
396	142	129	Elaine Allwood	F55	(011/014)	Stamford Striders	01:08:10
397	221	130	Heidi Haxeltine	F35	(050/065)	Stamford Striders	01:08:26
398	74	131	Laurence Power	M40	(051/065)	Unattached	01:08:29
399	243	132	Elizabeth Robertson	F55	(012/014)	Unattached	01:09:29
400	95	133	Charlotte Wolfe	F35	(052/065)	Stamford Striders	01:10:10
401	36	134	Jacky Hampshire	F35	(053/065)	Stamford Striders	01:10:32
402	101	135	Caroline Smyth	F35	(054/065)	Unattached	01:10:35
403	102	268	Harv Smyth	M	(092/093)	Unattached	01:10:35
404	27	136	Alison Vinter	F35	(055/065)	Stamford Striders	01:10:35
405	223	137	Emma Morely	F	(037/044)	Unattached	01:10:52
406	135	138	Angela Smith	F	(038/044)	Unattached	01:10:52
407	242	269	Keith Robertson	M60	(026/027)	Unattached	01:10:58
408	90	270	Andrew Scurr	M40	(092/093)	Unattached	01:11:13
409	198	139	Dixon Louise	F35	(056/065)	Unattached	01:11:59

410	88	140 Helen Sellers	F35	(057/065)	Unattached	01:12:02
411	250	141 Gillian Holmes	F55	(013/014)	Thorney Running Club	01:12:07
412	404	142 Tracy Baker	F	(039/044)	Unattached	01:12:29
413	137	143 Julia Ogden	F35	(058/065)	Unattached	01:12:31
414	136 271	Duncan Jackson	M	(093/093)	Yaxley Runners	01:12:31
415	92	144 Kimberly Scurr	F	(040/044)	Unattached	01:12:33
416	249	145 Gwen Goodman	F45	(032/038)	Stamford Striders	01:12:48
417	274	146 Linda Pullen	F45	(033/038)	Barrow Runners	01:13:06
418	384	147 Lisa Ashcroft	F35	(059/065)	Sleaford Striders	01:13:21
419	312	148 Joanne Grew	F	(041/044)	Unattached	01:13:28
420	175	149 Sarah Winspear	F45	(034/038)	Stamford Striders	01:13:46
421	96	150 Karen Dykes	F35	(060/065)	Stamford Striders	01:13:46
422	295	151 Katherine Jaiteh	F	(042/044)	Unattached	01:14:02
423	257	152 Sheila Honeybun	F45	(035/038)	Unattached	01:14:20
424	255	153 Faye Honeybun	FJ	(003/006)	Unattached	01:14:20
425	380	154 Mellani Jackson	F35	(061/065)	Sleaford Striders	01:14:29
426	267	155 Marion Green	F55	(014/014)	Notfast Runners Newark	01:15:42
427	424	156 Samantha Hargrave	FJ	(004/006)	Unattached	01:17:28
428	254	157 Amy Honeybun	FJ	(005/006)	Unattached	01:17:28
429	227	158 Margaret Lennard	F	(043/044)	Sleaford Striders	01:18:18
430	10	159 Lorraine Vince	F45	(036/038)	Sleaford Striders	01:18:40
431	460 272	Keith Wilding	M60	(027/027)	Unattached	01:18:49
432	433	160 Daisy Buckberry	FJ	(006/006)	Unattached	01:19:49
433	107 273	Simon Connors	M40	(093/093)	Unattached	01:20:24
434	190	161 Fiona Freeman	F35	(062/065)	Sleaford Striders	01:21:27
435	343	162 Jo Leadbitter	F35	(063/065)	Sleaford Striders	01:21:27
436	330	163 Rebecca Williams	F	(044/044)	Stamford Striders	01:23:20
437	46	164 Dawn Butcher	F35	(064/065)	Stamford Striders	01:26:03
438	123	165 Tracy Hawkins	F45	(037/038)	Stamford Striders	01:26:05
439	259	166 Julie Morris	F35	(065/065)	Stamford Striders	01:28:40
440	38 274	Algie Audas	M50	(054/054)	Stamford Striders	01:28:40
441	91	167 Julie Scurr	F45	(038/038)	Unattached	01:34:07