

Peterborough 5K Series Rnd 1 Ferry Meadows June 8th

Bourne Town Harriers took part in the opening races of the Peterborough Grand Prix Series on Wednesday 8th June. The first event of five was hosted by NVH on a course around Ferry Meadows. The juniors ran 3k while the seniors took on a 5k course. Leading the juniors home in third place overall was Martin Clarke in 10 mins 50s. Next was Aaron Hunt in 20th, from Olivia Conway 33rd, Callum Scane 35th, Saskia Hunt 37th and Molly Bennett in 52nd. The seniors were lead in by Joe Howells in 46th as second Under 17 male overall. He was ahead of a struggling Tony Gilbert in 49th, and ever improving Rich Lomas-Brown in 55th. Then came Phil Lengthorn in 95th, Richard Smithers in 103rd, Natalie Cole in 229th, Penny Lamb 242nd, and Sarah Conway 268th

Lincs League Track and Field County Champs 14th and 15th May

Bourne Town Harriers were well represented in the Lincs League Track & Field County Champs over the weekend. Lucas Fidler got bronze in the U13B long jump with a new p.b. of 3m69. Lauren Brown got bronze in U13G 100m, bronze in the high jump and silver in the shot putt while her mother Natalie Cole got bronze in vet womens discuss. Lucas Fidler won the U13B 200m and Andy Noble got bronze. Ben Jagger won U13B high jump with Andy Noble taking silver. Ben Jagger got silver in U13B 75m Hurdles. Emily Stevens got bronze in U17G Javelin. Other competitors from Bourne were Saskia Hunt, Zoe Chamberlain, Georgia Saddington, Molly Bennett, Joshua Kaufman, Olivia Conway, Martin Clarke & Joe Howells.

Deeping 10K May 15th

On Sunday some of the team travelled to Deeping instead for the 3k and 10k races. After Martin Clarke's victory at Eye the week before, Joe Howells was not to be outdone and won his first 3k event beating Martin into second place. Next for the juniors was Aaron Hunt, with Daniel Lawrence, Molly Bennett, Toby Everist and Billie Coster completing the line up. Also running were Rachel Kemp who is roughly half way through her pregnancy and Billie's mum, Caroline. Joe still leads the junior series from Martin.

For the seniors Vaughan Roberts was first in 37m20, from Tony Gilbert 39m07, Rich Lomas-Brown 40m01, Phil Lengthorn 42m38, Richard Smithers 42m42, Richard Pearson 48m23, Penny Lamb 54m53, Nicky Asplin in a p.b. of 57m01, Stuart Bremner 58m25 and Sarah Conway just

outside the hour. These results move Tony up to third place in the senior series, behind Brian McLean and leader Phil Lengthorn.

Eye 10K May 8th

At the 10k in Eye, Rich Lomas-Brown was the first of three Richard's home for the Harriers in 41m49s, from Rich Smithers in 43m17s then Rich Pearson 48m36. Nicky Asplin completed the team with 59m17s. But the star of the day was Martin Clarke winning his very first race in the 3k in 11m11s. And next was Jade Carvath-Smith in 12m41 being first girl home too! Daniel Lawrence beat his time from Langtoft in 15m28 and Chloe Smithers ran 15m48. Also running the 3k was Rachel Kemp in 21m00. The Harriers travel to Deeping this Sunday for their 10k and 3k races.

Also at the Stratford Marathon Andy Shackleton set a pb in 3h 14m 2s, and wife Susan did too in 4h 21m 15s.

Langtoft 10k May 1st

Bourne Town Harriers were out in force at the Langtoft 10k on Sunday. Running the 3k fun run and finishing impressively were Joe Howells in third place, seconds ahead of Martin Clarke in 4th.

Next Harrier home was Callum Scane with Aaron Hunt also finishing in the top ten. Then came Emily Stevens, Lauren Brown, Olivia Conway, Jack Stevens, Daniel Lawrence and Molly Bennett. Also running the 3k were Emma Cocks and Rachel Kemp. Joe and Lauren still head up the junior boy and girl series.

The seniors completed the 10k course running out to Greatford, then Barholm, finishing back at Langtoft Junior School. In 5th place leading the club in was Matt Grace in 36m 54s, from Rich Lomas-Brown in 28th, 35th Phil Galpin, 42nd Phil Lengthorn, 75th Tony Yoxhall, 82nd Andy Halls, 85th Richard Pearson, 102nd Dave Grace, 137th Julie Copley, 144th Natalie Cole, 148th Penny Lamb, 151st Paul Blackbourn, 156th Stuart Bremner, 157th Emma Halls, 167th Nicky Asplin, 169th Nicolle Grace, 182nd Sarah Conway. The result keeps both Phil Lengthorn and Natalie at the top of the men's and women's senior series.

Lincs Track and Field League Round 2 April 17th

Bourne Town Harriers were at Lincoln again for round two of this seasons Lincs Track & Field League. The following Harriers represented the club with several setting club records, personal bests and seasons best times, Eve Conway, Polly Luscombe, Kaiser Saddington, Callum Scane, Aaron Hunt, Keely Caven, Stephanie Noble, Jack Stevens, Daniel Lawrence, Billie Coster, Jasmine Hammond, Ben Jagger, Lucas Fidler, Andrew Noble, Martin Clarke, Joe Howells, Lauren Brown, Saskia Hunt, Georgia Saddington, Zoe Chamberlain, Molly Bennett, Olivia Conway, Jenny Richardson, Alice Page, Emily Stevens, and seniors Rich Lomas-Brown, Mike Scane, Emma Cocks, Ian Conway, Chris Hunt, Charlie Noble, Lisa Richardson, Natalie Cole, Penny Lamb, Sarah Conway, Dawn Hunt, Tracy Chamberlain, Paul Blackburn.

Lincs Track and Field League Round 1 April 10th

Bourne Town Harriers were very well represented at the opening round of the Lincolnshire Track & Field League at Lincoln on Sunday. Several juniors were competing for the first time, while others were busy breaking personal bests. In the under 11's there was Polly Luscombe, Callum Scane, Aaron Hunt, Jack Couzens, Keely Caven, Stephanie Noble, Daniel Lawrence, Holly Barber, Billie Coster & Jasmine Hammond. For the under 13's Ben Jagger, Lucas Fidler, Andrew Noble, Elliott Harris, Lauren Brown, Saskia Hunt, Emmalee Higgins, Molly Bennett, for the under 15's Martin Clarke, Jenny Richardson, Izzy Harriss and Alice Page. For the under 17's Joe Howells and Rachel Richardson. And for the seniors Natalie Cole, Rich Lomas-Brown, Lisa Richardson, Emma Cocks, Chris Hunt, Lee Fialkowski, Dawn Hunt and Charlie Noble.

Round two is this Sunday 17th April when another large team will be heading to Lincoln again.

BRJ/Hunts Frostbite Hinchinbrook Park March 6th

Bourne Town Harriers travelled to Huntingdon for the final round of this seasons Frostbite League on Sunday.

A good group of juniors completed their 1.5m course and leading them in was Joe Howells in 9th from Martin Clarke in 10th. Martin also having run for Lincolnshire at the inter counties championships the day before. Next in were Andrew Noble and Aaron Hunt in 26th and 28th and first girl scorer was Lauren Brown in 46th. With that the team finished a creditable fourth, and ended up in fifth place in the league for the season. Other

finishers in the team who all helped secure this season were Cameron Everist 40th, Jack Stevens 92nd, Lucas Fidler 41st, Sam Thomas-Smith 71st, Scott Taylor 49th, Toby Everist 96th, Emily Stevens 53rd, Olivia Conway 47th, Saskia Hunt 104th, Molly Bennett 98th and Stephanie Noble 137th. The junior series is led by Joe from Martin then Aaron, while Lauren leads the girls from Saskia and Emily.

A baker's dozen of seniors made the trip, and it was Rich Lomas-Brown returning from injury who led them in through the wet and muddy course in 101st spot just keeping Phil Lengthorn at bay in 103rd. Brian McLean was next in 119th just out sprinting Richard Smithers into 120th. The remaining seniors were Charlie Noble 175th, Dave Grace 215th, Richard Pearson 203rd, Roland Stevens 165th, Steve Hill 265th, Laura Moisey-Smith 264th, Natalie Cole 263rd, Sarah Conway 307th and Rachel Kemp 321st. The senior series is still led by Natalie from Rachel but Laura has now moved up in to bronze place, while the men's has all changed with Phil now leading from Brian then Roland.

Silverstone Half Marathon March 6th

Two Harriers travelled to the Silverstone Grand Prix Circuit in order to test their legs as part of their training for the London Marathon next month, with 6500 other runners. The race start was delayed by ten minutes to allow a "celebrity"(Jordan) to make the start. Conditions were quite good but breezy in places. First home was Tony Gilbert in 80th place and 6th in his age group in 1:25:00, Stuart Bremner finished in a time of 2:17:01. FYI Jordan finished in 2:59:54ish.

London Mini Marathon Selection Trials February 27th

Three junior Harriers represented Bourne in the East Midland trials for the London mini marathon.

They ran 4.75km round the rowing lake at Nottingham watersports centre and were against tough opposition.

Martin Clarke came 14th (18:19) and Cameron Everist 31st (20:36) in the 11-12 age group

Joe Howells came 18th (18:38) in the 13-14 age group. It was the longest distance any of them had raced before and all tried extremely hard but unfortunately none of them were selected.

Sleaford Half Marathon 20th February

Eight Harriers turned out for the latest round in the club series, a course change was viewed with some optimism as the so called "green mile" off road section could make this race quite tough, but heavy rain over the previous 24 hrs had made the replacement farm track/footpath very wet and slippery.

First home for the harriers was the HM specialist Vaughan Roberts in 34

place (second V50) in 1:24:23 followed by Tony Gilbert in 39 place in 1:25:08 also running were Lee Fialkowski, Phil Lengthorn, Paul Brewster, Roland Stevens and Stuart Bremner.

Stamford 30K 13th February

Six Harriers braved to hills and wind to complete one of the toughest racers on the calendar, most running as part of their spring marathon training.

First home was Tony Gilbert in 77th place in a time of 2:09:12 followed by Andy Shackleton in 134th place in a time of 2:16:50, also running were Lee Fialkowski 2:29:08, Sara Mickleburgh (running in place of Diane Parperis) and Paul Brewster both in 2:44:08 and Roland Stevens in 2:48:02.

Bourne Frostbite February 6th

Bourne Town Harriers hosted round five of this seasons Frostbite League in Bourne Woods on Sunday.

The junior team finished third on the day and the club is very proud of them. They were lead in by Martin Clarke in 4th place having also ran for his School on the Saturday. Joe Howells who has been unwell was 16th, from Aaron Hunt 17th, Andrew Noble 18th, Lucas Fidler 26th, Cameron Everist 27th, Olivia Conway 36th, Joshua Kaufman 37th in his first Frostbite, Emily Stevens who has also been unwell 47th, Lauren Brown 62nd, Sam Thomas-Smith 66th, Toby Everist 76th following in his brothers footsteps, Jack Stevens 79th, Callum Scane 85th, Saskia Hunt 90th and Alice Copley 99th in her first run out.

The seniors were also out in force with 33 Harriers taking on the course, while many others were helping out. Leading the team in to 9th place overall was Matt Green in 11th from Mark Botteley 21st and Vaughan Roberts 30th. Others who also ran were Adam Swallow 114th, Andy Halls 200th, Ben Winter 134, Brian McLean 149, Charlie Noble 219, Chris Hunt 316, Chris Taylor 268, Craig Wigley 224, Dave Grace 256, Lee Fialkowski 77, Peter Swallow 168, Phil Lengthorn 100, Richard Pearson 229, Richard Smithers 130, Roland Stevens 202, Steve Hill 320, Tim Wigley 80, Tony Gilbert 36, Bev Francis 371, Carol Scane 356, Elizabeth Dixon 313, Emma Halls 339, Laura Moisey-Smith 328, Louise Swallow 206, Natalie Cole 297, Nicky Asplin 359, Penny Lamb 319, Rachel Kemp 367, Sarah Conway 362, Julie Copley 294. The Harriers would like to thank all the marshal and volunteer help and also to Tim James and Sian Botteley for being the hares and riding the courses as lead bikes for the frontrunners

Folksworth 15 Jan 23rd

Five Harriers braved the hilly two Folksworth 15 on a cool and windy January morning, first home was Vaughan Roberts in 23rd place in a time of 1:37:41 only five seconds behind the first V50, the other finishers Tony Gilbert, Shaun Towell, Paul Brewster and Stuart Bremner all using the race as part of their spring marathon training.

Ramsey Frostbite Jan 16th

Today saw the fourth race of the Frostbite League take place, hosted by Ramsey Runners. A very windy morning welcomed all runners to the 5ish mile course. A thirteen strong Bourne Town Harriers senior team made the long and arduous journey into Fenland along with nearly 400 runners from various local running clubs.

With the wind mainly in their backs for the first half of the race a good early pace was needed. Tony did just this and disappeared into the distance finishing in 45th place in a time of 33.46, and being first Bourne runner home bagged the 1pt towards the BTH Club Series. Second Bourne runner home was not as cut-and-dry. Richard got off to a fast pace only for Phil and Shaun to hunt him down at around the half-way mark. As they headed into the wind for the second half of the race it was clear it was going to be a close run thing with neither runner wanting to relinquish the coveted second Bourne runner home.

It all came down to the last half-mile, Phil was ahead, although clearly struggling, when Shaun found the extra strength needed to power home. It was a good run from Shaun in his first race since September, even if it was a bit sneaky!! Phil held off the challenge of Richard to finish in 110th place (3rd BTH runner).

Further mentions must go to Brian (fashioning his usual bright orange hat) being the 5th BTH runner home, followed by Roland, Dave and Natalie (first of the BTH ladies). Final times and placings can be found [here](#) and on the BTH website.

Well done to everyone, not forgetting Rich for the fantastic collecting and recording of numbers.

(Report courtesy Phil Lengthorn)

Lincs XC Championships Riseholme College Jan 9th 2011

Bourne Town Harriers travelled to Riseholme College for the Lincs Cross Country County Champs on Sunday.

Juniors representing Bourne were Callum Scane, Aaron & Saskia Hunt, Lauren Borwn, Martin Clarke, Lucas Fidler, Jo Howells. The senior mens team was Phil Galpin, Peter Swallow and Brian McLean and the ladies team was Claire Steels, Sara Mickleburgh, Louise Swallow & Natalie Cole.

Like mother like daughter Lauren Brown and mum Natalie Cole lead their respective club series competitions with Joe Howells leading the boys and Brian McLean.

Winter handicap Bourne Woods 3rd January (postponed from December 28th)

Bourne Town Harriers kicked off 2011 with its Annual Club Xmas Handicap, delayed from 28th December because of the ice. A great turnout saw 12 juniors and 24 seniors battle it out around the woods course for the titles. Junior champion this year was Martin Clarke, very closely pursued by Marcus Swallow and Nathan Denial. Tim James was next from Ben Jagger, Bethany Denial then Lucas Fidler, Sian Botteley, Callum Scane, Joe Bowers, Rachel Smithers and Olivia Conway. The senior title was lead unusually from start to finish by first Harrier off Emma Halls leading her husband Andy Halls into the fight for second from Mark Botteley and Richard Smithers. Next was Adam Swallow from Tony Gilbert, Phil Galpin, Dave Grace, Sarah Conway, Steve Hill, Richard Pearson, Roland Stevens, Louise Swallow, Rachel Kemp, Phil Lengthorn, Lee Fialkowski, Jackie Denial, Penny Lamb, Carol Scane, Lisa Richardson, Peter Honniball, Jon Butterworth, Andy Henson and Shaun Towell.

Workshop Half and more.

Lee Fialkowski and Mark Cochran ran for BTH in the Workshop Half Marathon on Sun 31st Oct. Lee finished in 1hr 37m 23s while in true Halloween festive themed costume Mark came home in 1h 39m 52s. The course was a lovely hilly half through the scenic Clumber Park with added grrrrr!

On Nov 7th Stuart Bremner took on the New York Marathon and finished in 4h 57m 11s. It was a tough course but a great day and Stuart was very pleased to have beaten a Kenyan Olympic champion and a Chilean miner.

On 10th Nov Elizabeth Dixon represented the Ladies Land Registry team in the Civil Service Athletics Association cross country at Alexander Stadium in Birmingham clocking 34m 52s.

On Tue 23rd Nov the club held its bi-monthly training handicap over 5k. With 34 Harriers turning out it was anyone's for the taking and Jon Butterworth took the training shield in style knocking 1m 46s off his handicap time proving that regular training really does help.

On Wed 24th Nov, Rich Lomas-Brown represented HBOS in the Inter Financial Services Cross Country Champs at Roehampton Park, London. Rich just missed out on scoring for the senior team which finished third as a result of having to ease up with a pulled achilles.

Lincs XC Round 3 Louth 21/11/10

St Neots Half Marathon 21/11/10

Six Harriers travelled to St Neots on a cold grey, breezy morning to complete the St Neots Half, over an undulating figure of eight course.

The anticipated 3 mile down hill finished was negated by a stiff head wind making it hard work for everyone.

First home was Vaughan Roberts in 32 place overall and 2nd V50 in a time of 1:23:57 followed by Tony Gilbert in 1:27:06 and Paul Brewster in 1:38:12 for a new Personal Best. Also running were Rachel Kemp 2:11:38, Stuart Bremner 2:13:11 and Nicky Asplin 2:18:18, full results can be found on St Neots Riverside [website](#)

Athens 2500th Anniversary Marathon (the original one) /10/10

Rachel Kemp- 5:13:33

Shaun Kemp- 6:21:41

Well.....after a nice 4k down hill the next 28k was undulating to say the least so we made the most of the flat where we could! We then had 14k of tedious up hill (with probably only 2 areas where it flattened out) but what a relief to get to the top where we knew the last 10k was down hill all the way to the finish.

And what a finish it was! There were still a few crowds of people cheering us in and just being there in the Olympic Stadium was such an emotional experience where I ran over the finish line with tears brimming (not the best photo that's ever been taken of me at the finish of a race that's for sure!)

The temperature was around 23 degrees by around the half way mark.....water stations and loos were plentiful (at least every mile) and the water came in handy for keeping a cool head!

Although a difficult race we would recommend this one to everyone – very well organised too so if you're up for a challenge, give it a go!

We booked via Sports Tours International – they organised a pasta party for us all on the Saturday night and Dr Ron Hill OBE even gave a quick

speech to us all which was lovely to be part of (before his exit to have his own private meal with the Race Director).

At a grand age of 72 he is an inspiration to us all!

Thanks

Rachel Kemp
(Photo in Gallery)

If you have completed a special race and wish it to be put on the website just write a report and send it to me at admin@bournetownharriers.org

Frostbite League Round2 Bushfield and Lincs Xc Round 2 Skegness

Bourne Town Harriers were split between Bushfield Peterborough and Skegness on Sunday.

At Bushfield the club ran in round two of this seasons Frostbite League. In the junior race Joe Howells lead the team in in 8th place closely pusued by Martin Clarke in 12th. Then came Lucas Fidler 28th, Andy Noble 37th, Aaron Hunt 38th, Olivia Conway 42nd, Emily Stevens 44th, Lauren Brown 67th, Sam Thomas-Smith 73rd, Jack Stevens 80th and Saskia Hunt 109th. The senior race got a little confusing when the finishing position numbers got muddled up as they were given out so not everyone knew their correct actual finishing place. The league are currently trying to correct this so they can produce the correct final results. However Vaughan Roberts did lead the team home in 41st followed by Tony Gilbert in 62nd. Next was Adam Swallow in 115th from Rich Lomas-Brown in 154th. Other finishers in Peterborough were Brian McLean, Charlie Noble, Chris Hunt, Dave Grace, Diana Papis, Elizabeth Dixon, Laura Moisey-Smith, Louise Swallow, Natalie Cole, Neill Draycott, Nicolle Grace, Paul Brewster, Penny Lamb, Peter Swallow, Phil Lengthorn, Richard Pearson, Richard Smithers, Roland Stevens, Sara Mickleburgh, Sarah Conway and Steve Hill.

Sole representative at Skegness in the Lincs Cross Country League running through the sand dunes was Phil Galpin in 37th place in 40m26s.

Lincs Xc Round 1 Cranwell 31/10/10 and Wisbech 10 31/10/10

Bourne Town Harriers were split between RAF Cranwell and Wisbech on Sunday.

At Cranwell in the opening round of the Lincs League Cross Country Joshua Kaufman was 16th and Keenan Murphy was 22nd in the under 11's race. In the under 13 boys Martin Clarke was 5th from Lucas Fidler in 16th. In the under 13 girls Lauren Brown was 15th. For the under 15 boys Joe Howells was 11th from Sam Doughty in 15th. In the senior ladies Nat Cole was 35th from Jackie Denial. In the senior men's race Rich Lomas-Brown was 54th from Brian McLean in 67th, Roland Stevens in 92nd, Richard Pearson 95th and Jon Butterworth 97th.

Three Bourne Town Harriers completed the Wisbech 10 first home was Phil Lengthorn in 1h14m33 followed by Nicky Asplin 1h38m11s and Bev Francis 1h47m18s

Great Eastern Run 10/10/10

Bourne Town Harriers took to the streets of Peterborough on Sunday for the Great Eastern Run. First home was Matt Green in 1h 20m 43s in 66th place overall, followed by Vaughan Roberts in 1h 23m 19s, from Tony Gilbert 1 h 27m 36s, Andy Shackleton 1h 29m 22s, Lee Fialkowski 1h 33m 20s, Mark Cochran 1h 33m 48s, Dave Smith 1h 37m 05s, Richard Gallagher 1h 41m 59s, Roland Stevens 1h 43m 40s, Peter Swallow 1h 44m 48s, Diane Parperis 1h 46m 46s, Paul Brewster 1h 46m 46s, Louise Swallow 1h 47m 37s, Ayla Smith 1h 52m 17s, Phil Lengthorn 1h 55m 21s, Dave Grace 1h 59m 47s, Steve Hill 2h 3m 03s, Elizabeth Dixon 2h 03m 21s, Susan Shackleton 2h 7m 59s, Rachel Kemp 2h 9m 29s, Stuart Bremner 2h 13m 50s, Bev Francis 2h 18m 15s, Lisa Richardson 2h 19m 35s, Suzanne Stevens 2h 19m 35s, Nicky Asplin 2h 20m 23s. Tony Gilbert and Rachel Kemp take early leads in the clubs senior series for 2010/11 being the only runners to have completed all four rounds to date of the 34 available for the forthcoming calendar long season.

Running in the fun run at Peterborough were Joe Howells who finished 15th overall, from Aaron Hunt & Saskia Hunt

Round 1 Frostbite Friendly League St Neots Oct 3rd

Bourne Town Harriers took on the first round of the New Frostbite season at St Neots on Sunday. The junior team was lead in by Marcus Swallow in 10th from Joe Howells 14th, Martin Clarke 15th, Sam Doughty 24th, Aaron Hunt 28th, Lucas Fidler 36th, Emily Stevens 40th, Cameron Everist 42nd, Sam Thomas-Smith 63rd, Lauren Brown 66th, Jack Couzens 72nd, Jack Stevens 78th & Saskia Hunt 100th. The juniors got the season off to a great start finishing 4th out of 13 teams. The seniors were lead in by Tony Gilbert 38th, from Andy Shackleton 103rd, Adam Swallow 131st, Rich Lomas-Brown 159th, Brian McLean 177th, Richard Smithers 189th, Peter Swallow 190th, Roland Stevens 196th, Diane Parperis 240th, Paul

Brewster 241st, Dave Grace 242nd, Rich Pearson 244th, Neill Draycott 257th, Steve Hill 305th, Chris Hunt 306th, Nicolle Grace 330th, Natalie Cole 338th, Rachel Parker 349th, Penny Lamb 350th, Shaun Kemp 354th, Nick Cox 356th, Sarah Conway 384th, Laura Moisey-Smith 396th. For several it was a first time out in the league and the whole team did well and finished 15th out of 17 teams.

Pinchbeck 10k 2010

Sixteen Harriers completed the Pinchbeck 10K on Sunday 27th September. Several PBs were recorded on the traditionally fast flat course, although a very strong headwind between 3 and 6K made it hard going, runners were compensated by a strong tail wind for the last 3K. First home for the men and first V50 was Vaughan Roberts in 20th place in a time of 37:54 followed by Tony Gilbert in 25th place in 38:47 and Lee Fialkowski in 42nd place in 41:13, First Lady home was Rachel Parker in 53:36, full results on the Spalding Triathlon [website](#).

Robin Hood Marathon and Half Marathon.

Six Harriers travelled to Nottingham to compete in the Experian Robin Hood Half and Full Marathons on Sunday 12th September, Vaughan Roberts was the first home, over a tough course, in the half marathon in 90th place and second in the V50 age group in a time of 1:26:02, Lee Fialkowski and Paul Brewster both recorded personal bests with times of 1:35:44 and 1:41:17 respectively, in the Marathon Tony Gilbert was first Harrier home in 187th place in a time of 03:27:22, also completing the marathon were the husband and wife duo of Rachel and Shaun Kemp.

Round Four Lincs Track and Field League

On Sunday 5th September a large team of Harriers took part in the Final Lincs. League Track & Field meeting at Grantham. Not only were 22 juniors representing their club but there were also a total of 12 seniors including 8 women. And after several p.b.s were broken, the day culminated in the seniors 4 x 400m relays in which Bourne Town Harriers set new club records for both the men's and two women's teams that completed the race. So a special well done to Shaun Kemp, Colin Wheat, Chris Hunt & Dave Grace who set the men's record, and an extra special well done to the two ladies teams of Rachel Kemp, Nat Cole, Jeanine Helliwell & Lisa Richardson who set the women's record and also to the second best timed women's team of Sue Stevens, Emma Cocks, Sarah Conway & Tracy Chamberlain.

Following the clubs successful season Emily Stevens, Ben Jagger, Alice Page and Martin Clarke have all been selected to represent Lincolnshire at the U13 / U15 Inter Counties Meeting in Leicester on 11th September.

Werrington 5K Round 5 Peterborough Series

The final Peterborough Series 5k & 3K races were both well represented by Bourne Town Harriers at Werrington on Wednesday 11th August. Leading the juniors in was Martin Clarke in 11-28 from Lucas Fidler 13-15, Callum Scane 13-31 and Lauren Brown 14-26. the seniors were lead home by Matt Green 16-53 from Rich Lomas-Brown 19-30, Phil galpin 19-50, Rachel Kemp 25-28, Shaun Kemp 26-12, Natalie Cole 26-12, Jackie Denial 28-00 and Nicky Asplin 28-03. Martin, Lucas, Lauren, Lee, Rich, Shaun and Matt all collected t-shirts for completing 3 or more races in the series. The overall Series prizes which are based on the runner's best three results out of the five events will consist of Boots vouchers and will be awarded at the Nene Valley 5k on Wednesday 18th August at Ferry Meadows @ 7pm, or sent in the post to those unable to attend.

Newark Half Marathon 8th August

Seven Harriers completed the penultimate round of the senior series at Newark on a very warm sunny Sunday morning, first home was Tony Gilbert in 72 place in a time of 1:27:29 followed by Des Adey in 1:41:24 first home for the ladies was Elizabeth Dixon in 2:04:56 full results available on Newark Half Marathon Website

Stamford 3/5K Round 4 Peterborough Series

Eight seniors completed the Stamford Round of the Peterborough 5K series first home over the tough 2 lap hilly course in 7th place was Matthew Green in a time of 17:31 followed by Richard Lomas-Brown in 20:20. Full results available on the Stamford Striders website

Bushy 10K 11th July

Three Harriers entered the Bushy 10k, on a hot and windy day all competitors struggled the first home for Bourne was Tony Gilbert in a time of 39:25 to take 32nd place followed by Lee Flaikowski in 42:41 full results on Bushfield Website

Whissendine 6ix 8th July 2010

As usual a large turnout for this mid-week race on a very warm evening first home in 6th place was Thomas Honniball 36m34 followed in 8th Vaughan Roberts 37m18, 10th Tony Gilbert 37m54, Andy Shackleton 40m57, Louise Swallow 47m46, Rachel Kemp 51m49, Adam Swallow 40m58, Lee Fialkowski 42m19, Des Adey 42m53, Peter Swallow 45m43, Tony Yoxhall 45m31, Paul Brewster 51m50, Susan Shackleton 53m14, Shaun Kemp 53m15. Vaughan won the vets prize and the team of six won the team prize for the third year running, full results on results page

Peterborough 3/5k League Round 3 Ferry Meadows 7th July

Four juniors and two seniors completed round three of the Peterborough 3/5K league first home for the juniors in the 3k was Martin Clarke (U13) in fourth place in 11:14, first home for the seniors in the 5K was Lee Flaikowski in 61st place in 19:44 full results here

Thurlby 10K and 3K Fun Run 4th July

Matt Green wins BTH Senior Championship Race by also winning the Thurlby 10k in style on Sunday 4th July. He romped home in a time of 36m 55s almost 3 minutes quicker than last year. Next in was Vaughan in 39m 02s taking the Prize for first Vet home, and third was Tony Gilbert in 39m 53s making up the trio that also took the team prize on the day too. The rest of the team was Lee Fialkowski 49m 19, Mark Cochran 44m 18s, Des Adey, 45m 21s, Tony Yoxhall 47m 39s, Dave Grace 53m 37s, Andy Halls 51m 03s, Rachel Kemp took the Ladies Championship in a time of 55m 40s, Stuart Bremner 60m 30s, Shaun Kemp 60m 44s, Nicky Asplin 61m 31s, and Emma Halls 64m 46s. Emma was fastest against her handicap time by just over three minutes and so took the Summer Handicap Title.

In the 3K fun run Martin Clarke came fourth overall in a field of 123 runners, and was Junior Champion in a time of 10m 30s. Next was Otto Threlfall in 10m 47s, from Joe Howells in 11m 04s, Lucas Fidler, 11m 40s, Aaron Hunt 11m 44s, Cameron Everist 12m 14s, Scot Taylor 12m 14s, Matthew Bills 12m 15s, Adam Kirby 12m 51s, Jack Couzens 13m 27s, Emmalee Higgins was Girl Champion in 15m 57s from Bethany Howells in 17m completing the team. Jack won the Junior Summer Handicap Title with over 2 minutes off his handicap time.

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