

## Race Reports July 2008 – June 2009

Friday 26<sup>th</sup> June, Club Junior Track Championship.

**On Friday 26th July, 32 juniors competed in the clubs first track championship event for members only at BGS. Participating members ran three races each over 100m, 200m and 800m and were ranked according to the standard for their age group for both boys and girls. Club chairman Peter Honniball presented the top three boys and girls with medals and the winners also took home new club trophies donated by membership secretary Richard Lomas-Brown. Overall third place for the boys went to U13 Otto Threlfall, runner up was U11 Thomas Maker, while new club champion is U11 Lucas Fidler. Third place for the girls went to U11 Alice Gibbons, runner up was U11 Bethany Denial, and the winner was U13 Amy Gibbons. Other juniors who took part were Louise Lindley, Sophie Sleight, Megan Pusey, Emily Maker, Sara Massraf, Saskia Hunt, Lauren Bell, Phoebe Whattoff, Desiree Grafton-Clarke, Harriett Hahn (4th girl), Olivia Pollard (5th girl), Megan Hannah, Scott Taylor, Cameron Everist, Owen Bellamy, James Roffe, Matthew Bills, Joe Bowers, Reece Hannah, Patrick Bishell, Tim James (4th= boy), Luke Brown, Jonathon Hahn (4th= boy) and Ciaron Grafton-Clarke. See results page for full results.**

Wednesday 24<sup>th</sup> June, Peterborough 5K Grand Prix 3

This one was at Eye and Richard Lomas Brown was our first man back, supported by Sara Mickleburgh, Lisa Richardson, Shaun and Rachel Kemp and Malcolm Scriven.

Wednesday 17<sup>th</sup> June, Peterborough 5K Grand Prix 2

Another good turnout saw Matt Green lead this one in a time of 17:43, followed by Richard Lomas-Brown, Adam Swallow (an excellent sub 20 time in possibly his first senior 5K), Roland Stevens, Shaun Kemp, Sara Mickleburgh, Lisa Richardson, Elizabeth Dixon, Rachel Kemp, Malcolm Scriven and Nicky Asplin.

Wednesday 3<sup>rd</sup> June, Peterborough 5K Grand Prix 1

The open event of the 5 race series saw quite a lot of Bourne runners taking part as it was one of our Club Series events. Amy Gibbons ran well to finish 25<sup>th</sup> in the Junior event. In the senior event matt Grace was the first Bourne runner in 8<sup>th</sup>, followed by Richard Lomas-Brown, Phil Lengthorn, Brian McLean, Roland Stevens, Richard Pearson, Katy Lee, Shaun Kemp, Elizabeth Dixon, Rachel Kemp, Malcolm Scriven, Nicky Asplin, Stuart Bremner and Beverly Francis.

Sunday 31<sup>st</sup> May, Bourne Rotary 5M fun run.

Another club favourite event, but not too competitive, the Rotary Club organise this 5 mile fun run over the Frostbite course. Both juniors and seniors can run in this event and the following took part this year:- Matt Grace won the event in time of 28:12, followed in by Paul Colfer, Roland Stevens, Oliver Bowling (Jnr), Chris Taylor, Sara Mickleburgh, Cameron Everest (Jnr), Richard Pearson, Dave Grace, James Roffe (Jnr), Shaun Kemp, Steve Hill, Malcolm Scriven, Stuart Bremner and Louise Lindley (Jnr).

Sunday 17<sup>th</sup> May, Deeping 10K.

Considering this was club championship event there weren't too many there, still good points for those of us who were. Tony Gilbert group the "1" point finishing 21<sup>st</sup> position, closely followed by Phil Lengthorn in 24<sup>th</sup>, Brian McLean, Paul Beland, Richard Pearson, Shaun Kemp, Rachel Kemp, Nicky Asplin just held of a late charge by Malcolm Scriven at the finish, and Stuart Bremner completed a good team effort.

Sunday 10<sup>th</sup> May, Eye 10K.

Several club runners travelled south to Eye for their 10K, Vaughan Roberts was 22<sup>nd</sup> in 38:00 dead, followed by Sarah Mickleburgh, Shaun Kemp, Rachel Kemp, Nicky Asplin, and Stuart Bremner.

Sunday 3<sup>rd</sup> May, Langtoft 10K.

The club had a really good turnout for this fast flat favourite of ours, 21 runners in all, Matt Grace lead the club despite have raced over 10K in Bedford the night before, Matt finished in 3<sup>rd</sup> in 33:56. Tony Gilbert continued excellent form brought him home 33<sup>rd</sup> in 40:57, with Phil Lengthorn not far behind in 41.39, then came Brian McLean, Peter Swallow, newcomer Richard Gallagher, Louise Swallow, Andy Henson, Lisa Richardson, Sara Mickleburgh, Richard Pearson, Dave Grace, Rachel Parker, Graham Richardson, Elizabeth Dixon, Shaun Kemp, Rachel Kemp, Malcolm Scriven, Bev Francis, Nicky Asplin (another PB, see London) and Stuart Bremner.

The juniors were out in force as well, Marcus Swallow was first back in 5<sup>th</sup> position followed by Oliver Bowling in 10<sup>th</sup>, Ciaran Grafton-Clarke 13<sup>th</sup>, Cameron Everist 17<sup>th</sup>, Amy Gibbons 19<sup>th</sup>, Phoebe Whattoff 36<sup>th</sup>, James Roffe 45<sup>th</sup>, Gianluca Grafton-Clarke 54<sup>th</sup>, Desiree Grafton-Clarke 61<sup>th</sup>, Gabriella Glenn-Mitchell 75<sup>th</sup>, Saskia Hunt 83<sup>rd</sup>, Alice Gibbons 84<sup>th</sup>, and Megan Pusey 88<sup>th</sup>.

Sunday 26<sup>th</sup> April, London Marathon.

Just 3 of the club managed to make it to the starting line this year, Andy Shackleton lead the trio home in a very respectable 3:17:25, followed by Tony Yoxall in 4:02:18 and Nicky Asplin in a PB of 4:49:03.

Sunday 29<sup>th</sup> March, Lincoln 10K.

Its was a hot day and a very big field with over 4000 runners, Phil Lengthorn was first home for the club in a good time of 42:25, followed by Peter Swallow 44:18, Louise Swallow 44.32, Andy Henson in a PB of 46:15, Lisa Richardson 47:03, Sara Mickleburgh 49:56, Rachel Parker 51:21, all scoring good points in the club series event.

Sunday 8<sup>th</sup> March, Newtons Fractions, Grantham.

A dozen runners from the club tackled the Grantham half marathon. Mark Botteley was the first of these back in an excellent 7<sup>th</sup> in a time of 1:23:57, closely pursued by Vaughan Roberts in 12<sup>th</sup> in 1:25:32, Andy Shackleton was well up the field in 21<sup>st</sup> and finished under 90 minutes in 1:28:22. Tony Gilbert 47<sup>th</sup>, Des Adey 51<sup>st</sup>, Phil Lengthorn 69<sup>th</sup>, Shaun Towell 108<sup>th</sup>, Roland Stevens 197<sup>th</sup>, Rachel Parker 220<sup>th</sup>, Elizabeth Dixon 260<sup>th</sup>, Shaun Kemp 287<sup>th</sup> and Rachel Kemp 290<sup>th</sup>.

Sunday 1<sup>st</sup> March, BRJ Frostbite, Huntingdon.

The last frostbite of the season and we didn't quite muster the strength in depth we had at the Bourne event, never the less we finished the season off well. The seniors finished 6<sup>th</sup> overall and the juniors 4<sup>th</sup>. Matt Grace was 2<sup>nd</sup> and Matt Green was 15<sup>th</sup>, while Adam Swallow was 10<sup>th</sup> in the junior race.

Sunday 22<sup>nd</sup> February, Sleaford Half Marathon.

Several of the club were attracted to this event, including Vaughan Roberts finishing in 22<sup>nd</sup> place ahead of Shaun Towell, Phil Lengthorn, Lisa Richardson, Shaun Kemp, Steve Hill, Nicky Asplin and Rachel Kemp.

Saturday 21<sup>st</sup> February, Parliament Hills, National XC Championship.

Another tough event, Tom Honniball was first back for the senior men, supported by Richard Smithers and Dave Grace. Matt Grace and Adam Hilless both ran well in the junior men's event.

Sunday 15<sup>th</sup> February, Valentines 30K, Stamford.

Just a few of the more determined runner tackled this tough 30K. Andy Shackleton was the first in for the club in a very creditable 76<sup>th</sup> in 2:10:19. shortly followed by Des Adey in 2:19:10, then Shaun Towell in 2:43:06.

Sunday 1<sup>st</sup> February, The Bourne Frostbite, Bourne Woods.

Our other big event this one, and what a great result and despite the mud, snow, freezing temperatures, the race was a great success. Not only did the club put on an excellent event, but the seniors powered to an impressive victory on their home turf (or should that be mud).

In a field of just under 400 runners Bourne fielded 36 runners, an impressive statistic, and their first 7 runners home were in the top 33 places. Matt Grace was the first Bourne runner home in 4<sup>th</sup> place in an excellent 28:05, closely followed by Tom Honniball, Adam Hilless and Matt Green.

The race distance for frostbites is 5 miles, and the team result is based on the lowest combined score for the first 10 runners home, 3 of which must be ladies. With our lead men finishing high up it was up to the ladies to ensure victory and they did, Louise Swallow, Katy Lee and Amanda Hannah all ran well as Bourne went on to win in style beating 14 other clubs on the day.

The juniors had a good turn out in their event finishing 4<sup>th</sup> against strong opposition in field 105 runners and course length 1.5 miles.

The roll of honour was as follows:-

### **Seniors**

Matthew Grace 4<sup>th</sup>, Thomas Honniball 15<sup>th</sup>, Adam Hilless 18<sup>th</sup>, Matthew Green 20<sup>th</sup>, Mark Botterley 24<sup>th</sup>, Mark Thorogood 26<sup>th</sup>, Vaughan Roberts 33<sup>rd</sup>, Richard Smithers 74<sup>th</sup>, Andrew Shackleton 86<sup>th</sup>, Ben Winter 93<sup>rd</sup>, Phil Lengthorn 109<sup>th</sup>, Brian McLean 112<sup>th</sup>, Peter Swallow 121<sup>st</sup>, John Lee 131<sup>st</sup>, Shaun Towell 135<sup>th</sup>, Phil Organ 146<sup>th</sup>, Louise Swallow 148<sup>th</sup>, Roland Stevens 149<sup>th</sup>, Katy Lee 171<sup>st</sup>, Dave Grace 179<sup>th</sup>, Richard Pearson 202<sup>nd</sup>, Amanda Hannah 225<sup>th</sup>,

Neill Draycott 227<sup>th</sup>, Chris Taylor 237<sup>th</sup>, Peter Honniball 243<sup>rd</sup>, Ayla Smith 247<sup>th</sup>, Elizabeth Dixon 284<sup>th</sup>, Steve Hill 316<sup>th</sup>, Shaun Kemp 326<sup>th</sup>,

Susan Shackleton 343<sup>rd</sup>, Beverley-Ann Francis 346<sup>th</sup>, Nicky Asplin 352<sup>nd</sup>, Malcolm Scriven 353<sup>rd</sup>, Stuart Bremner 358<sup>th</sup>, Rachel Kemp 366<sup>th</sup>.

## **Juniors**

Adam Swallow 8<sup>th</sup>, Reece Hannah 14<sup>th</sup>, Marcus Swallow 17<sup>th</sup>, Oliver Bowling 28<sup>th</sup>, Amy Gibbons 40<sup>th</sup>, Lucas Fidler 45<sup>th</sup>, Cameron Everist 51<sup>st</sup>, Tim 52<sup>nd</sup>, Scot 62<sup>nd</sup>, Adam 70<sup>th</sup>, Campbell Pollock 72<sup>nd</sup>, Jasmine Oldfield 78<sup>th</sup>, Saskia Hunt 83<sup>rd</sup>.

Sunday 18<sup>th</sup> January, Folksworth 15.

Just 2 runners went to this tough 15 miler, Vaughan Roberts running in the M50 category (sorry for mentioning it Vaughan), he finished in the excellent time of 1:41:14 in a very creditable 36<sup>th</sup> place in a field of over 400 runners, close behind Tony Gilbert put in an excellent effort to finish 60<sup>th</sup> in 1:44.41.

Sunday 11<sup>th</sup> January, Lincs league XC Championships, Louth.

**The wind-chill factor made conditions cold and tough for the County Cross Country Championships at Louth,** the senior men were led in by Matt Grace in eighth place in a time of 37.12mins. Adam Hilles was 14th (37.34), Thomas Honniball was 22nd, Richard Lomas-Brown clocked 39.10 and Peter Swallow completed the men's team from Bourne.

In the ladies' veterans' race, Louise Swallow held off Lisa Richardson to finish in second and fourth respectively, with Rachel Parker completing the team.

Reece Hannah was 13th in the under 13 boys' race, while sister Megan completed the under-15 girls' race. Amy Gibbons was 13th in the under-13 girls' category, with brothers Marcus Swallow in the under-15 boys, and Adam in the under-17 men.

Sunday 4<sup>th</sup> January, Ramsey Frostbite.

We travelled to Ramsey for round four of the Frostbite League braving the cold and frozen course were 11 juniors and 23 seniors. Leading the juniors home in a field of 111 youngsters was Adam Swallow in 10th place. He was followed by Reece Hannah 19th, Marcus Swallow 20th, Oliver Bowling 24th, Megan Hannah 41st, Amy Gibbons 47th, Lucas Fidler 49th, Amy Sarfas 84th, Campbell Pollock 86th, Jasmine Oldfield 88th and Alice Gibbons in 91st. The junior team finished a good fourth and also lie fourth overall after four rounds.

In a field of nearly 400 runners the senior team was led in by Matt Grace in fifth place who was pursued by Adam Hilles in 11th. With the men depleted in strength through injury next was Richard Lomas-Brown back in 39th with Tony Gilbert next in 65th. They were followed by Dave Smith 119th, Brian McLean 125th, Phil Lengthorn 144th, Peter Swallow 129th, Shaun Towell 160th, Dave Grace 172nd, Louise Swallow 184th, Richard Pearson 210th, Katy Lee 224th, Neill Draycott 225th, Amanda Hannah 232nd, Peter Honniball 248th, Elizabeth Dixon 249th, Ayla Smith 276th, Lisa Richardson 279th, Rachel Parker 299th, Steve Hill 336th, Shaun Kemp 344th and Malcolm Scriven 345th. The seniors were still a creditable sixth on the day, and

also lie sixth overall.

Sunday 28<sup>th</sup> December, Christmas Handicap, Bourne Woods

The juniors ran the two-mile circuit once and were led in by Cameron Everist. He was followed by Ciaron Grafton-Clarke, Adam Swallow, Reece Hannah, Lucas Fidler, Marcus Swallow, Amy Gibbons, Gianluca Grafton-Clarke, Oliver Bowling, Megan Hannah, Desiree Grafton-Clarke, Megan Pusey, Rachel Smithers, Bethany Whittle, Alice Gibbons and Sophie Sleight.

The seniors ran two laps of the same Bourne course and were led in unusually by the first runner off in Nicky Asplin. Chasing her down but unable to catch the leader were Peter Honniball, Dave Grace, Matt Grace, Elizabeth Dixon, Ayla Smith, Brian McLean, Richard Pearson, Richard Smithers, Neill Draycott, Adam Hillless, Peter Swallow, Louise Swallow, Tim Wigley and Rachel Parker.

Sunday 14<sup>th</sup> December, Huntingdon, Hinchingsbrooke Park Frostbite.

Terrible weather, snow overnight in Bourne, heavy rain at Huntingdon, and yet a really good turnout from the Bourne runners, 27 seniors and 7 juniors made the trip, and tromped through the mud, glorious mud. The juniors had a slightly weakened team but still managed to finish 5<sup>th</sup>, Reece Hannah was first back in 13<sup>th</sup> place, swiftly followed by Oliver Bowling in 15<sup>th</sup>, Lucas Fidler 31<sup>st</sup>, Megan Hannah 46<sup>th</sup>, Cameron Everist 58<sup>th</sup>, Jasmine Oldfield 71<sup>st</sup>, and Cambell Pollock 72<sup>nd</sup>. The seniors finished 6<sup>th</sup> on the day and Matt Grace was impressive finishing 5<sup>th</sup>, Adam Hillless was 11<sup>th</sup>, Tim Wigley 16<sup>th</sup>, and a great effort from Tony Gilbert as fourth scorer in 58<sup>th</sup>, Katy Lee was our first lady, shortly followed by debutant Sara Mickleburgh and Amanda Hannah as our 3 counting ladies. The condition underfoot were extremely muddy and weather cold but oddly everyone seemed to enjoy it.

Sunday 7<sup>th</sup> December, NVH 10 miles, Bretton.

This normally a fast flat course, however given the freezing temperatures it was slippery underfoot and care was needed on the frost and ice. Tim Wigley was first home for the club in just under the hour and 20<sup>th</sup> position, swiftly followed by Vaughan Roberts in 29<sup>th</sup>, then followed Tony Gilbert 72<sup>nd</sup>, Richard Smithers 94<sup>th</sup>, Dave Smith 100<sup>th</sup>, Tony Yoxall 125<sup>th</sup>, Peter Swallow 127<sup>th</sup>, Shaun Towell 133<sup>rd</sup>, Richard Pearson 173<sup>rd</sup>, Elizabeth Dixon 204<sup>th</sup>, Roland Stevens 205<sup>th</sup>, Rachel Kemp 277<sup>th</sup> and Shaun Kemp 278<sup>th</sup>.

Sunday 23<sup>rd</sup> November, Riseholm Lincoln, Lincs League XC.

Bitter weather probably deterred many from taking part but Megan Pusey U11G, Amy Gibbons U13G and Megan Hannah U15G all ran in the girls events, Lisa Richardson was 9<sup>th</sup> overall and 4<sup>th</sup> lady vet. Oliver Bowling was 5<sup>th</sup> in the U11B, Reece Hannah 4<sup>th</sup> in U13B, and in the senior event Tom Honniball was 9<sup>th</sup> and Matt Grace 15<sup>th</sup>.

Sunday 9<sup>th</sup> November, Bushfields Frostbite.

There was a massive turnout for this popular by the club and for the race overall. The seniors fielded 32 runners in a total of 489 runners, Matt Grace was in excellent form finishing in 6<sup>th</sup>, ahead of Tim Wigley and Adam Hillless in 17<sup>th</sup> and 18<sup>th</sup> respectively, the seniors were 5<sup>th</sup> overall

on the day. Meanwhile 12 juniors also competed and they finished 4<sup>th</sup> on the day, with Adam Swallow 10<sup>th</sup>, Reece Hannah 19<sup>th</sup>, Marcus Swallow 20<sup>th</sup>, Oliver Bowling 29<sup>th</sup>, Megan Hannah 39<sup>th</sup> and Amy Gibbons 42<sup>nd</sup>.

Sunday 2<sup>nd</sup> November, Louth Lincs League XC.

There was a smaller turnout for this cross country, but some good performances. Gabriella Mitchell and Megan Pusey in U11G, Amy Gibbons in U13G, Megan Hannah in U15G, Louise Swallow and Lisa Richardson in the Senior Ladies, Oliver Bowling (4<sup>th</sup>), Lucas Fidler and Cameron Everist in U11B, Reece Hannah (3<sup>rd</sup>) U13B, Adam Swallow U17M, Tom Honniball (5<sup>th</sup>) and Peter Swallow in the senior mens.

Sunday 26<sup>th</sup> October, Cranwell Lincs league XC.

After heavy overnight rain weather did pick up and the condition underfoot were surprisingly good. There was a particularly good turnout for this first XC of the season. in the mens seniors event Tim Wigley was first home for the club in 8<sup>th</sup>, followed by Richard Lomas-Brown, Tom Honniball, Dave Hart, Craig Wigley, ben Winter, Dave Smith, Tony Gilbert, Phil Lengthorn, Peter Swallow, Brian McClean, Roland Stevens, Richard Pearson and Shaun Towell, the mens "A" team finished 3<sup>rd</sup> and "B" were 12<sup>th</sup>.

The ladies finished 7<sup>th</sup>, lead in by Louise Swallow, Lisa Richardson and Ayla Smith.

In the U11B Oliver Bowling was an excellent 1<sup>st</sup> supported by Luke Brown in 10<sup>th</sup>. Reece Hannah was in good form in U13B finishing 4<sup>th</sup> and Marcus Swallow ran well in the U15B to finish 18<sup>th</sup>. In U11G Gabriella Mitchell, Alice Gibbons and Megan Pusey all ran well, Amy Gibbons ran well in the U13G, as did Megan Hannah and Amy Sarfas in the U15G. Katy Lee was a good 5<sup>th</sup> in the U17W.

Sunday 19<sup>th</sup> October, Bourne Woods, Charity Relays.

Raising around £200 for Benny Hart's grandchildren the harriers had a great deal of fun with this event. A total of 8 teams of 4 runners each did 3 circuits. The teams had 2 junior runners and 2 senior runners, the teams were picked at random, with the juniors running either 400 or 600 meters and the seniors running 800 (times 3 in all). The orange team of Desiree, Amy, Lisa and Richard were first home on a day when everyone enjoyed themselves.

Sunday 12<sup>th</sup> October, The Great Eastern Half Marathon.

The third race in the club series and a exceptional turnout of 21 runners, some excellent times and several pbs. Positions and times as follows:- 56 Mark Botteley 1-20-18, 62 Tim Wigley 1-21-08, 72 Richard Lomas-Brown 1-22-15 (pb), 93 Vaughan Roberts 1-24-09 (3rd Vet 50), 137 Andy Shackleton 1-27-23, 158 Matt Green 1-28-20 (pb), 231 Des Adey 1-31-00, 317 Dave Smith 1-34-01, 332 Tony Gilbert 1-34-36' 683 Phil Lengthorn 1-42-48, 689 Anthony Yoxhall 1-42-53, 856 Andy Henson 1-46-24, 1102 Roland Stevens 1-51-28, 1103 Elizabeth Dixon 1-51-28 (pb), 1142 Rachel Parker 1-52-17, 1351 Kevin Clayton 1-56-26, 1849 Susan Shackleton 2-06-59, 1892 Malcolm Scriven 2-07-56' 1964 Bev Francis 2-09-37, 2277 Stuart Bremner 2-18-35, 2297 Nicky Asplin 2-19-18.

Sunday 5<sup>th</sup> October, St Neots Frostbite.

The first Frostbite of the season was marred by torrential rain, although by the time the race started it slowed to downpour. In the team competitions, the juniors did exceptionally well to finish 4<sup>th</sup> and the seniors managed a creditable 6<sup>th</sup>. Full results are on the Frostbite website. A total of 24 seniors swam(I mean ran) the course, Adam Hilles was first home in 11<sup>th</sup> just ahead of Mark Botterley in 12<sup>th</sup>, Richard Lomas Brown was 20<sup>th</sup> and Tim Wigley 23<sup>rd</sup>. In the junior event Reece Hannah was 20<sup>th</sup> followed closely by Oliver Bowling in 21<sup>st</sup>, Megan Hannah was 32<sup>nd</sup>, Amy Gibbons 34<sup>th</sup> and Amy Sarfras 54<sup>th</sup>, Gabriella Glen-Mitchell, Megan Pusey and Alice Page all ran well.

Sunday 28<sup>th</sup> September, West Pinchbeck 10K.

Conditions were good, the course couldn't be flatter, virtually no wind so fast times were on, and fast times we got. This was also the start of our club series event, in **the absence of defending champion Matt Grace, it was down to the previous two years winners to fight for the early lead this season. And it was Tim Wigley who edged away from Richard Lomas-Brown to finish 10th and 11th respectively with times of 36-30 for Tim and 36-49 for Richard. Next was Vaughan Roberts with 37-48. Andy Shackleton was next and the first to break his personal best in 39-20. Then came Dave Hart in 40-22, followed by Des Adey with his best time for about 15 years in 40-49. Tony Yoxhall was the next to break his p.b. in 42-41, as did Phil Lengthorn with a new p.b. of 44-11. Dave Grace set his best time of about 10 years with 44-34, and was followed by Richard Pearson in 47-11, Neill Draycott in 47-47, Elizabeth Dixon was not only first Harriers Lady in but also broke her p.b. in 48-41 just ahead of Roland Stevens in 48-42 and Lisa Richardson in 48-43. Anna Sadler was next in 50-36, and to finish two more ladies set new times in their first outings for Bourne as Susan Shackleton came home in 54-20 and Denise Adey finished in 1-01-21. With such good performances Bourne were unlucky to be just piped by Nene Valley Harriers to the team prize.**

Monday 25<sup>th</sup> August 2008, Grimsthorpe 10K.

The absolute highlight of our year, loads of hard work in preparing for this race resulted in a great day for all those involved, a big thank you to everyone that helped, please see the results page on the website for the full results, both the mens and the ladies records were broken, and there were record numbers in both the 10K and the fun run. Matt Grace was the first BTH runner home with Matt Green not far behind, we were just piped in the team event by Barrow who brought across a very strong contingent, I hope they come back so we can get our revenge next year.

Sunday 17<sup>th</sup> August 2008, Thorney 5M.

On a hot day this race was sold out before the start with no entry on the day, luckily several BTH runners had pre-entered. Dave Smith was first back, followed by Roland Stevens, Andy Henson, Elizabeth Dixon, Ayla Smith, Bev Francis, and Malcolm Scriven. members

Wednesday 30<sup>th</sup> July 2008, Werrington 5K.

The final of the Peterborough 5K series, this event saw Matt Green finish in 12<sup>th</sup> in 17:19, Des

Adey in 53rd in 19:52, Tony Gilbert in 72<sup>nd</sup>, Shaun Towell, Elizabeth Dixon, Bev Francis and Denise Adey.

Sunday 20<sup>th</sup> July 2008, Sherwood Pines 10K.

We took the bus to Robin Hood country for this one and had a great day out, seniors, juniors, family and friends. The 10K was an undulating trail course which was quite testing. The following came home:- Tom Honniball (6<sup>th</sup>), Matt Grace, Vaughan Roberts, Tim Wigley, Des Adey, Dave Smith, Paul Hannah,(on loan from Stamford), Tony Yoxall, Louise Swallow, Amanda Hannah, Richard Pearson, Peter Honniball, Neill Draycott, Elizabeth Dixon, Lisa Richardson, Rachael Parker and Ayla Smith.

Craig Wigley and Megan Hannah both did well in the 5K to finish 11<sup>th</sup> and 12<sup>th</sup>.

Wednesday 16<sup>th</sup> July 2008, Stamford 5K.

A tough 2 lap course with an uphill finish, a great test. Matt Green was first back for the club finishing in 13<sup>th</sup> place overall in a time of 17:11, Matt Grace and Tom Honniball were in 18<sup>th</sup> and 19<sup>th</sup>, followed by Richard Lomas-Brown, Mark Botterley, Adam Hillless, Des Adey and Tony Gilbert (together again), Elizabeth Dixon and Malcolm Scriven.

Thursday 10<sup>th</sup> July 2008, Whissendine 6.

Another favourite event of ours, part of the club series championship, tough undulating, warm, a great test for the runners.

Mark Botterley was 5<sup>th</sup>, swiftly followed by Matt Green and Matt Grace in 10<sup>th</sup> and 11<sup>th</sup>, Richard Lomas-Brown 14<sup>th</sup> and Vaughan Roberts 15<sup>th</sup>, (therefore for the mathematically minded of you we had 5 in the first 15, not bad). Tim Wigley, returning from injury was 31<sup>st</sup>, Des Adey just held off Tony Gilbert in 33<sup>rd</sup> and 34<sup>th</sup>, newcomer Brian Mclean was 56<sup>th</sup>, Roland Steven, Louise Swallow, Shaun Towell, Richard Pearson, Lisa Richardson, Rachael Parker, Malcolm Scriven and Nicky Asplin made up the rest of the club entrants.

Sunday 6<sup>th</sup> July 2008, Thurlby 10K, The Club Championships.

Conditions, Warm and windy.

The club championships were held at Thurlby as usual, it's always hot for this event, The championships included the senior 10K and handicap events and the junior championship and handicap event. A total of 23 seniors and at least 10 juniors competed. Matt Green won the 10K championship while Adam Swallow won the junior championship again. In stark contrast to last years winning men's team which consisted entirely of veterans, this years was Matt Green, Matt Grace and Richard Lomas-Brown, who added a bit age to the team but he is still well off being a veteran. There were plenty of good performances all round with newcomers Tony Gilbert and Brian Mclean recording excellent time. Carl Harding put in a great effort in the wheelchair event, its difficult enough to run up Swallow Hill, let alone get up it in that wheelchair. Full results can be seen at [The Thurlby Website](#)